

*"I have come to believe that caring for myself is not self-indulgent. Caring for myself is an act of survival." -Andre Lorde*



### Massage

- Swedish
  - 30 minutes \$45
  - 60 minutes \$65
  - 90 minutes \$95
- Deep Tissue
  - 30 minutes \$55
  - 60 minutes \$75
  - 90 minutes \$110
- Prenatal
  - 60 minutes \$75
  - 90 minutes \$110
- Hot Stone
  - 60 minutes \$85
  - 90 minutes \$120
- Add-Ons
  - Foot Scrub \$10
  - Hot Stone \$15

### Infrared Sauna

- 15 minutes \$15
- 30 minutes \$30
- 45 minutes \$45
- Unlimited Month \$195

- ✓ Gift cards available
- ✓ Spa membership available
- ✓ NB medical membership clients receive 10% off spa services\*

*Call or visit our website to learn more!*

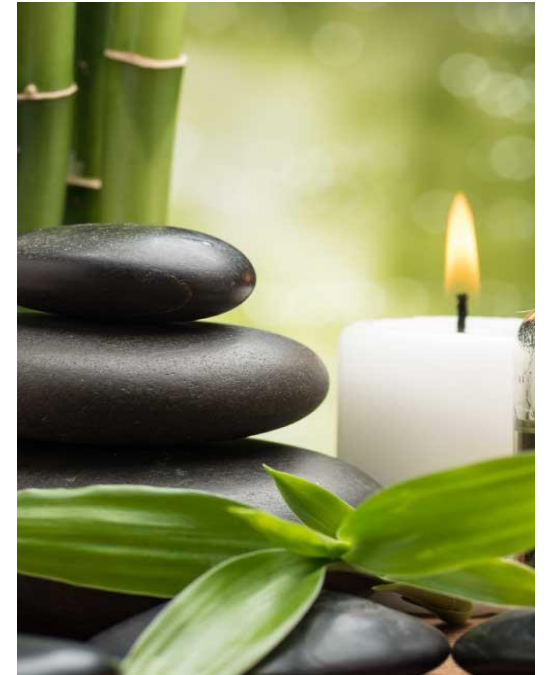
New Beginnings  
Wellness Center & Spa  
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Ruston, LA 71270

(P) 318-255-1155

(F) 318-255-3181

[www.newbeginnings-ruston.com](http://www.newbeginnings-ruston.com)

*\*Excludes fillers/injectables and products*



  
**newbeginnings**  
wellness center and spa

*Spa Menu*

## Facials

- Tech Express \$45
- Face Reality Acne Program \$50
- Gentleman's \$65
- New Beginnings \$65
- European \$75
- Gua Sha \$75
- Add-Ons
  - Eye or Lip \$10
  - Neck \$15

## Guinot Facial Treatments

- Hydraclean \$55
- Aromatic \$75
- Eye Logic Treatment \$75
- Hydra pH Peel \$85
- Hydrabrasion Peel \$85
- Age Summum \$85
- Hydradermie Youth \$95
- Hydradermie Lift \$95
- Liftosome \$95

## Peels

- Chemical Peel
  - Level I \$50
  - Level II \$55
  - Level III \$60
- ZO 3-Step Peel \$300



## Skin Rejuvenation

- Celluma LED Treatment \$30
- PERK Treatment
  - Lip \$30
  - Eye \$40
  - Face \$50
- Microdermabrasion
  - 30 minutes \$55
  - 60 minutes \$75
- Dermaplane \$75
- Hydrafacial \$175
- Rejuvapen \$200
  - w/Platelet Rich Plasma \$400
- Lamprobe – Consult
- Intense Pulsed Light – Consult

## Hair Removal

- Intense Pulsed Light – Consult
- Waxing
  - Brows \$10
  - Lip \$10
  - Nose \$15
  - Chin \$15
  - Underarms \$20
  - Full Face \$35
  - Arms \$25-45
  - Legs \$35-75
  - Bikini \$35
  - Chest \$45
  - Back \$50
  - Brazilian \$65-85

## Fillers & Injections

- Botox \$13/unit
- Kybella \$300/mL
- Volbella \$425/syringe
- Juvaderm Ultra XC/Plus \$600/syringe
- Vollure \$700/syringe
- Voluma \$800/syringe

## JB Classic Lash Extensions

- Full Set \$175
- 1-week refill \$35
- 2-week refill \$55
- 3-week refill \$65
- 4-week refill \$75
- 5-week refill \$85
- 6-week refill \$95

## Extras

- Brow Tint \$12 / Lash Tint \$15
- Ion Foot Bath \$40

## Products for Sale

- Améo Essential Oils
- Belle Vie Belle Maison Bath Bombs
- Face Reality
- Guinot
- Latisse
- Relax & Wax
- Revision
- Tassi
- To-Go Spa Home Lip/Eye Treatments
- Vital Proteins Collagen Beauty Water
- ZO Skin Health