



*"I have come to believe that caring for myself is not self-indulgent. Caring for myself is an act of survival." -  
Andre Lorde*



### Massage

- Swedish
  - 30 minutes \$50
  - 60 minutes \$70
  - 90 minutes \$100
- Deep Tissue
  - 30 minutes \$60
  - 60 minutes \$80
  - 90 minutes \$120
- Prenatal
  - 60 minutes \$80
  - 90 minutes \$120
- Ashiatsu
  - 60 minutes \$85
  - 90 minutes \$105
- add-ons available on request

### Infrared Sauna

- 15 minutes \$15
- 30 minutes \$30
- 45 minutes \$45
- Unlimited Month \$195

- ✓ Gift cards available
- ✓ Spa membership available
- ✓ NB medical membership clients receive 10% off spa services\*

*Call or visit our website  
to learn more!*

New Beginnings  
Wellness Center & Spa  
927 N. Trenton Street  
Ruston, LA 71270

(P) 318-255-1155

(F) 318-255-3181

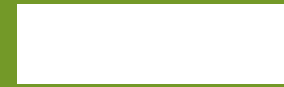
[www.newbeginnings-ruston.com](http://www.newbeginnings-ruston.com)



  
**newbeginnings**  
wellness center and spa

*\*Excludes fillers/injectables and products*

*Spa Menu*



### Facials

- Tech Express \$50
- Face Reality Acne Program \$50-\$75
- Gentleman's \$70
- European \$80
- Gua Sha \$75
- add-ons available on request

### Guinot Facial Treatments

- Hydraclean \$60
- Aromatherapy \$80
- Eye Logic Treatment \$80
- Hydra pH Peel \$90
- Hydrabrasion Peel \$90
- Age Summum \$90
- Hydradermie \$100
- Hydradermie Lift \$100
- Liftosome \$100

### Peels

- Chemical Peel
  - Level I \$55
  - Level II \$60
  - Level III \$65
- ZO 3-Step Peel \$300



### Skin Rejuvenation

- Celluma LED Treatment \$30
- PERK Treatment
  - Lip \$30
  - Eye \$40
  - Face \$50
- Microdermabrasion
  - 30 minutes \$55
  - 60 minutes \$75
- Dermaplane \$80
- Hydrafacial \$175
  - add-ons available
- Rejuvapen Microneedling \$200
  - w/ Platelet Rich Plasma \$400
- Lamprobe – consult
- Intense Pulsed Light – consult

### Hair Removal

- Intense Pulsed Light – consult
- Waxing
  - Brows \$10
  - Lip \$10
  - Nose \$15
  - Chin \$15-\$20
  - Underarms \$20
  - Full Face \$35
  - Arms \$25-\$50
  - Legs \$35-\$100
  - Bikini \$35
  - Chest \$45
  - Back \$50
  - Brazilian \$65-\$85

### Fillers & Injections

- Botox/Xeomin/Juveau \$13/unit
- Kybella \$300/mL
- Juvederm Ultra XC/Plus \$600/syringe
- Volbella \$425-\$700/syringe
- Vollure \$700/syringe
- Voluma \$800/syringe
- Revanesse Versa \$500/1.2mL

### JB Classic Lash Extensions

- Full Set \$200
- 1-week refill \$50
- 2-week refill \$60
- 3-week refill \$70
- 4-week refill \$80
- Extended fill \$100

### JB Volume Lash Extensions

- Full Set \$250
- 1-week refill \$55
- 2-week refill \$65
- 3-week refill \$75
- 4-week refill \$85
- Extended fill \$125

### Extras

- Brow Tint \$12
- Lash Tint \$15
- Lash Lift + Tint \$100
- Spray Tan \$40